

#ChallengeCOP26

Daily ideas to take action during and after the COP26 Conference (1-12 November 2021), which you can take part in as individuals or as a group. Decide whether to act as a church/group, or household, or both!



1 November

Go outdoors

Individuals/households
Have a go at an outdoor activity – whatever the weather! Consider making it a regular thing. Ideas here:

www.thewildnetwork.com^①

Church/community

Take a trip to a 'Dark Sky Reserve' and soak up the starry night sky www.darksky.org/dark-sky-places-in-the-uk-and-ireland^②. No 'Dark Sky Reserve' near you? Just see what you can where you are. Make a party of it, and take part in a star count.



✓ Completed!



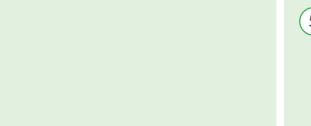
2 November

Go green!

Individuals/households
Go to work/school/college for a week without using a car. Consider making it a regular thing.

Church/community

Consider switching your energy provider to one that provides green energy.



✓ Completed!



3 November

Eat well

Individuals/households
Try going meat free one day a week. Already doing that? Try and go vegan one day a week. Guidance/recipes here:

www.meatfreemondays.com^③

www.veganrecipeclub.org.uk^④

Church/community

Read up together on factory farming here: www.ciwf.org.uk/factory-farming^⑤. Can your church or community group shop smart and avoid factory farmed produce? Get some guidance here: www.ciwf.org.uk/your-food^⑥



✓ Completed!



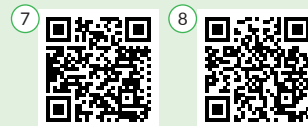
4 November

Be 'Creature kind'

Individuals/households
Watch CreatureKind's webinars together and explore how you could live differently www.becreaturekind.org/publications^⑦.

Church/community

Can you be more 'creature kind'? Follow the CreatureKind programme together www.becreaturekind.org/sixweek-church-course^⑧ and consider the changes you can make to your lifestyle.



✓ Completed!



5 November

Appreciate nature

Individuals/households
What can you do to make your garden more wildlife friendly? There are some easy ideas here: www.wildlifetrusts.org/actions^⑨

Church/community

Watch one of the 'Mindful Moments' videos on the BBC Springwatch site www.bbc.co.uk/programmes/p08gqs33^⑩. Where might you go near you, for a 'Mindful Moment'? Could you make it a regular part of your time together?



✓ Completed!



6 November

Plant plenty

Individuals/households
Make seed bombs and scatter them. You can get your recipe here www.wildlifetrusts.org/actions/how-make-seed-bomb^⑪.

There's no reason why you can't do this every year – imagine the accumulative effect.

Church/community

Pimp your pavement! Plant tree pits (the circle around the base of street trees) on your street with flowers, plant neglected planters (ask the local Council first!) with vegetables for anyone to take home and cook.

www.incredible-edible-todmorden.co.uk^⑫



✓ Completed!



7 November

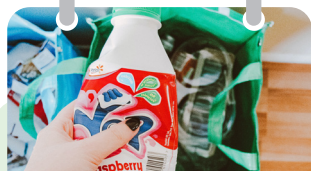
Charity collection

Individuals/households

Volunteer for, or collect for, a local organisation near you, such as a food bank, or a homeless charity. If that's not practical for you, pledge to buy FairTrade or Rainforest Alliance goods.

Church/community

Consider supporting a social justice organisation such as Amnesty International, Connect & Encourage, Action Aid or Unicef.



8 November

Make and remake

Individuals/households

Have a go at making things yourself instead of buying them. Ideas here: www.cosmopolitan.com/uk/entertainment/news/a40901/things-make-instead-buying¹³

Church/community

Make sure the food your church/community group buys is without packaging, or is at least recyclable. (ditch those plastic sachets and packets!)



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9 November

Forage

Individuals/households

Have a go at foraging. Handy tips here www.woodlandtrust.org.uk/visiting-woods/things-to-do/foraging¹⁴.

For things like fruit, especially, consider doing it every year. It will freeze for later and there are plenty of ideas online to help you find foody uses for it.

Church/community

Forage your supermarkets through FareShare fareshare.org.uk¹⁵. You can't use the food for yourself, so why not organise regular community suppers for those who need it – lonely people, or homeless people, for example.



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10 November

Sell and swap

Individuals/households

Instead of buying new stuff, try your hand at sharing, or bartering through StreetBank www.streetbank.com¹⁶

Or through Freecycle www.freecycle.org¹⁷. You could use one of the apps set up for selling unwanted items and give the proceeds to an environmental charity.

Church/community

Donate your church's unwanted toys to a charity that will get them to children with no toys at all: thetoyproject.co.uk¹⁸. Or perhaps organise a toy swap.



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11 November

Clothing concern

Individuals/households

Say no to 'fast fashion'. See www.greenpeace.org.uk/news/how-to-quit-fast-fashion-making-mending-learning-activism¹⁹

Church/community

Learn to repair clothing instead of throwing it away. Organise a 'repair' event where people can learn to repair their clothes, or to have them repaired by a willing group of volunteers. For tips on repair or re-use: www.loveyourclothes.org.uk²⁰

remake.world/stories/style/how-to-mend-your-clothes-during-quarantine-5-easy-stitch-fixes²¹

www.muccycloud.com/2020/04/beginners-clothes-fixing-guide.html²²



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12 November

Locally grown

Individuals/households

Have a go at eating UK seasonal fruit and vegetables to cut down food miles. What's seasonal? Find out here: www.hubbub.org.uk/eating-seasonally²³

Get your recipes here: theflexitarian.co.uk/recipes-season²⁴

Church/community

Have a bring and share lunch together using only fruit and vegetables grown in the UK.



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